

LENZ YOUTH BASKETBALL RULES PRE K -KINDERGARTON GRADE

** Coaches in this league are encouraged to instruct the game of basketball at all times. **

1) Games are four 10 minute quarters. Running clock at all times except when free throws are being attempted. If regulation game ends in a tie there are no overtime periods allowed. Teams will have approx. 10 minutes to warm up prior to games. Half time should be no longer than 10 minutes. Coaches sub players at will.

2) Coaches will be referees for this league. This can be the head coach or an assistant coach. All teams are required to have one coach referee, and encouraged to have 1-2 bench coaches. Bring your own whistle.

3) Scoring: Score will be kept unless one of the coaches prefers to have the scoreboard shut off. The scoreboard can be shut off at any time before or during a game. This is an instructional league and should not be competitive at any time.

4) Jump balls: Games will be started with jump ball. After initial jump ball all other jump ball situations will be rewarded to the defense.

5) Defense: Teams must play a 2-3 zone. Coaches should encourage players not to double team or trap the ball. Physical play should be discouraged at all times. There is no full court pressing allowed at any time. Half court defense only.

6) Fouls: Fouls are called by the coaches and should be made with discretion. If player is fouled in the act of shooting, free throws will be shot. Player can be approx. 5 feet inside the free throw line when shooting a free throw. You cannot foul out of these games.

7) Double dribble/traveling rule: Coaches should encourage players to dribble the ball. Double dribble is not a violation for this league. Traveling can be called if the player continues to run with the ball and makes little or no effort to dribble the ball. This is a coaches discretion rule.

8) Shoes: Coaches should encourage all players to wear gym shoes for this league. Do not wear street shoes or street tennis shoes on the court.

9) Seating for spectators: Spectators must bring their own chairs. No spectator chairs or bleachers are offered. Spectators may sit on the east end of the court, along the north end of the court, or along the west end of the court.

10) Cancellations due to weather: Cancellations will be made no later than 4pm on the home page of www.lenzfield.com.

11) Basketball rims will be set at 7 ft. Junior sized basketballs will be used.

CONDUCT CODE FOR COACHES AT LENZ BASKETBALL COURT

Lenz Court was built as a youth basketball facility. Positive sportsmanship should be shown by coaches at all times. Coaches should not use inappropriate language at any time. No chewing or smoking allowed by any coach at Lenz Court. Coaches are responsible for the actions of the parents. If the league director feels that any parents actions and/or language are inappropriate we will ask them to leave the facility. All coaches and parents should cheer their own players and teams on. They should not make any negative comments to any other player and/or coach from opposing teams.